STACEY'S PERSONAL TRAINING



Stacey & Billy Bone

SJGCC's Fitness
Professionals

Established 2006



ONE ON ONE PERSONAL TRAINING \$50
PARTNER TRAINING \$35
GROUP TRAINING \$30
GROUP CLASSES \$15

STACEYSPT@GMAIL.COM (904) 861-7856

WWW.STACEYSPT.COM

The mission of Stacey's
Personal Training is to
promote wellness through
quality personal training,
nutritional guidance and
overall optimal health that
will last a lifetime. As health
professionals, we recognize
the value of healthy living
and strive to teach this to our
clients by building strength
from the inside out.